


SIDE B

	<ul style="list-style-type: none"> • If you must cancel your appointment, we require 48 hours notice. (Products are purchased specifically for your procedure) Please call 613 969-7400 Ext. 2494 • Check in at Nuclear Medicine – Take the Staff Elevators in the Quinte Wing to the Basement Level and follow the arrows. 	<p>Appointment Date and Time:</p> <hr/> <hr/> <ul style="list-style-type: none"> • Your test can take approximately 4.0 hours
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NOTE: Your test may be rebooked if instructions are not followed.

Instruction for Myocardial Perfusion (MIBI) Test

Dipyridamole



Can I take my medications?

(After consultation with your physician, and unless otherwise directed, follow these instructions)

36 hours before your appointment:

X STOP The following medications;
Aminophylline , Uniphyl, Theodur, Trental

24 hours before your appointment:

X STOP All Beta Blockers, such as;
Metoprolol , Bisoprolol , Atenolol, Carvedilol,
Monacor, Lopresor, Sotalol, Propanolol

X STOP All Calcium Antagonists, such as;
Norvasc, Cardizem, Diltiazem, Adalat,
Amlodipine, Tiazac, Felodipine, Nifedipine,
Verapamil, Plendil

X STOP Long Acting Nitrates, such as;
IsoBid, Isordil, Isorbide dinitrate, Imdur
Sorbitrate Dilatrate-SR

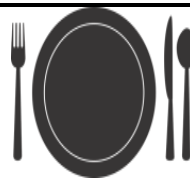
X STOP Aggrenox

X STOP Viagra, or Cialis

X STOP Gravol, Fiorinal, Tylenol 1, 2, or 3 - or any
meds containing caffeine(ask Pharmacist)

12 hours before your appointment:

X STOP Nitro Patch, but continue to use Nitro Spray
or Nitro pills as needed.



What can I eat and drink?

24 hours(1 day) before appointment;
Eat your usual meals, **EXCEPT;**

X STOP All types of coffee and tea, including decaf
and herbal

X STOP All types of chocolate, including hot
chocolate, and chocolate milk

X STOP All soft drinks, pop, energy drinks

ON THE DAY OF YOUR TEST:



Bring all of your medications in their original
containers.



You must bring food or money to purchase
food.



Fast 4 hours, only water permitted.



Wear comfortable clothes and shoes.
(NO SANDALS OR HEELS.)



No Smoking on the morning of test



Make sure you have followed the
instructions for the procedure.