



Four Hospitals One Vision

- **If you must cancel your appointment**, we require 48 hrs notice. (Products are purchased specifically for your procedure) **613 969-7400 Ext. 2494**
- **Check in at Nuclear Medicine** – Take the Staff Elevators in the Quinte Wing to the Basement Level and follow the arrows to Nuclear Medicine.

Appointment Date and Time:

- **Your test will take approximately 30 min.**

NOTE: Your test may be rebooked if instructions are not followed.

Instruction for Carbon Breath Test



Can I take my medications?

(After consultation with your physician, follow these instructions)

1 month before your test:

STOP All Antibiotics and any form of Bismuth product; such as Pepto-Bismol

2 weeks before your test:

STOP All Proton Pump Inhibitors, such as: Omeprazole, Losec, Prilosec, Lansaprazole, Prevacid, Esomeprazole, Nexium, Pantoloc, Protonic, Panto IV, Pantaprazole, Pariet Rabeprazole, Dexilant, Dexlansoprazole, Tecta, Vimovo

1 week before your test:

STOP No Barium or Contrast; as is used in X-Ray and CT

STOP Sulcrate(Sulcrafate)

48 hours before your test:

STOP H2 Blocker medication, such as; Cimetidine, Famotidine, Nizatidine, Ranitidine, Peptol, Pepcid, Pepcid-AC, Axid, and Zantac

12 hours before your test:

STOP Antacid; such as Tums, Rolaids, or Maalox

STOP All non-essential meds



Can I eat and drink?

- You must fast after midnight the day before your test.
- You may have water and brush your teeth in the morning.

ON THE DAY OF YOUR TEST:



Only take **essential** medication in the morning, such as blood pressure, cardiac, medication with a small amount of water.



Fast after midnight, only water is permitted.



Make sure you have followed the instructions for the procedure