



# Patient Stoplight Chart

## Pneumonia



Place Patient Label with Barcode Here

### How I Might Feel and What to Do:

#### **Action Plan, What to do Every Day!**

- Check your temperature and manage your fever as your Doctor/Nurse has instructed you.
- Drink plenty of fluids as you recover.
- Take it easy and get plenty of rest while you recover.
- Take all of your prescribed medication until they are finished, even if you feel better

#### **Green Light: All Clear - This zone is your goal!**

- No cough or cough that is improving.
- No chest pain.
- No fever.
- Not coughing up mucous/sputum
- Returning to your normal activity level



Your symptoms are under control. Go to your scheduled follow-up Doctor/NP/Clinic appointments.

#### **Yellow Light: Caution - This zone is a warning!**

- Fever or chills (temperature above 38° Celsius).
- Coughing up mucous/sputum that is yellow, green, bloody, or smells bad.
- Coughing up more mucous/sputum
- Vomiting
- Increased weakness or sleepiness
- Diarrhea or loose bowel movements



You may need to change your medicines or be seen by your Doctor/NP/Clinic. Call your Doctor/NP/Clinic for instructions.

#### **Red Light: Emergency - This zone means act fast!**

- Chest pain – may be worse with coughing or taking a deep breath
- Trouble breathing
- Blue lips or fingernails
- Dizziness
- Confusion
- Fast or irregular heart beat



Call your Doctor/NP/Clinic **today** to report symptoms and request an appointment. Have someone else drive you

If you cannot get an appointment, go to your nearest Emergency Department.

**\*\*\*CALL 911, do not drive yourself\*\*\***