

- You can visit this web page “Bundled Care in Surgery” at any time if you are looking for more information. We also provide links to other provincial information sites.

Your Bundled Care journey will end when:

- Your goals have been met and physiotherapy specialists have discharge you from Bundled Care.
- You have met a level of recovery where no further gains can be met with continued physiotherapy.
- You have been readmitted to hospital for any reason.

We are confident that you will have a successful post-surgical recovery and look forward to your feedback in your PROM follow up survey. If you need any further information on “Bundled Care” please discuss with any of your care team members along your pathway.

<p><u>Physiotherapy Plan following Surgery</u></p> <p>Rehab Provider</p> <p><input type="checkbox"/> Quinte Health Care Physio Clinic</p> <p><input type="checkbox"/> Other: _____</p> <p>First visit appointment Date: _____</p> <p style="text-align: right;">Time: _____</p> <p><input type="checkbox"/> Provider will confirm appointment / first visit</p>

MOHLTC Bundled Care Link

<http://www.health.gov.on.ca/en/pro/programs/ecfa/funding/ifm/>

Bundled Care Your Hip and Knee Surgery Pathway to Recovery

What is Bundled Care?

Bundled Care (BC) is part of Ontario’s strategy to improve patient care. Hip and Knee replacement surgery were the first procedures in the Bundled Care. In 2018, Quinte Health Care (QHC) joined other Bundled Care hospitals in this new integrated funding pathway of care and services which includes; your initial pre-operative visit, your surgery, hospital stay, and your post-operative rehabilitation therapy.

In Bundled Care funding, QHC is given one payment to cover those care needs in your surgical journey. We are responsible for organizing a seamless pathway from start to finish.

Here is what we want you to know about how we will coordinate and monitor your care:

- Together with physiotherapy clinics in our region we have; improved the referral process, created communication tools to monitor your progress in meeting goals, standardized best practices (care) and monitoring of outcomes in all areas of your pathway. We also created payment procedures with our partners providing physiotherapy.
- Most patients receive rehab therapy in community or hospital based clinics following their surgery. QHC has an outpatient clinic specifically for joint replacement patients.
- Patients tell us of their positive experiences in these ambulatory clinics and how quickly they meet their goals for physical recovery.
- During your preadmission clinic visit we will help you determine the best location for your ambulatory rehab therapy and will reassess that plan once your surgery is complete.
- Only patients who meet specific criteria will be offered in home rehabilitation through Home and Community Care.
- We will confirm that your chosen clinic can provide service following your surgery and that they are an eligible clinic participating in Bundled Care. Some publicly funded clinics are unable to provide the required physical rehabilitation for a variety of reasons. If a clinic close to you is not participating in Bundled Care we will provide another suitable option.
- If the plan is to attend QHC's physio clinic we plan your first therapy appointment following surgery at the time of your preadmission visit.
- After surgery you will be given a form with the name of the clinic you are referred to. Please keep this information in case you need to contact them prior to your first scheduled appointment.
- We are unable to provide payments to non-publicly funded physio therapy clinics in Ontario (private clinics) or to out of province clinics. If you prefer to attend a private clinic you must make your arrangements outside of Bundled Care.
- Your post-operative rehabilitation is determined by the physical goals set by you and your therapists. When you meet those goals you will continue to follow a self-exercise program at home. It is very important to follow this program to continue to meet your goals.
- If you decide to continue with additional physiotherapy after your goals are met, you must make your own payment arrangements with the clinic of your choosing.
- During your preadmission visit you will start the Patient Reported Outcome Measures online questionnaire (PROM's). This information is required to help us monitor your progress before surgery and after completion of rehab. You will complete the questionnaire at 3 months and again at 1 year following surgery. You can find the PROM icon link on our QHC web page <http://www.qhc.on.ca/bundled-care-in-surgery.php>
- We will also ask your permission to use your email contact information so that we can send you a reminder to complete the PROM questionnaire at 3 months and at 1 year.