



ATTENTION: MATERNITY PATIENTS

During the COVID-19 pandemic there are increased precautions in place on the Maternal Child Unit at QHC

We are asking that all pregnant patients call the Maternal Child Unit at 613-969-7400 extension 2345 prior to coming to Quinte 7 ***for any reason***. This includes reasons like when you feel you may be in labour or you have a concern about your pregnancy. This will allow the health care team to pre-screen you, direct you to the best place for care and will allow the team to be prepared to ensure the safety of everyone involved.

PLEASE NOTE: Quinte Health Care has updated the Care Partners and Visiting During COVID-19 Policy. This policy is a staged approach to balance the needs of our patients and the importance of limiting the number of people coming into the hospital to keep our patients, staff, physicians and communities safe. Please go to the Quinte Health Care website for more information on our current stage of visiting and who can accompany you to the hospital. A couple of important things to know before you come include:

- Your support person must screen negative for COVID-19 at the hospital entrance.
- A COVID-19 swab will be required for support persons coming to Quinte 7:
 - o This swab may be done ahead of time if the pregnant person is booked for an induction or caesarean section. The support person will be contacted by Quinte 7 to register them for their test.
 - o All other support persons will be swabbed on arrival to Quinte 7.
 - The support person must bring their health card with them to the hospital.
- Your support person is required to wear a mask **at all times** while in the hospital. If they are unable to wear a mask you must identify a different support person who can meet the mask wearing requirements.

We ask that if you are coming for an assessment or booked appointment please talk to the staff about our current restrictions. We are not allowing support persons into our triage area and no support person is allowed to stay overnight at this time, except for patients who are in labour. Specific situations involving patients with COVID-19 will be reviewed on a case by case basis.

Food and beverage outlets are closed to visitors in the hospital at this time. Visitors are asked to not eat or drink while in the hospital. Support persons are allowed to go in and out of the hospital for this purpose but are encouraged to limit the number of times moving in and out of the building.

If you plan to breastfeed or feed your baby expressed milk, please bring a breast pump with you if you have one.

If you have a booked appointment on the Maternal Child Unit you can expect a screening phone call. **If you have not had a call prior to leaving for the appointment, please call us at 613-969-7400 extension 2345.** This phone number is not a general information line; it should only be used for patients requiring urgent assessment for a current problem. If you have additional questions, please talk to your healthcare provider.

If your primary concern is related to a possible COVID-19 infection, and not related to your pregnancy, follow the community guidelines in place. Please call the Hastings and Prince Edward Public Health Unit or access their website for more information specific to COVID-19.

Thank you for your co-operation during this very difficult time.

The Maternal Child Team